



31 Executive Park Drive  
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*A Place To Call Home*

Find us on 

**PARK PLACE STAFF**

**General Manager**

Abra Kent

**Office Manager**

Vicki Crooks

**Resident Care Director**

Deana Barbardo, LPN

**Dining Services Director**

Tracy Bradley

**Maintenance Director**

Chip McKenney

**Sales Director**

Carol Maynard

**Recreation Director**

Susan Jones



Jessica Hammond, LPN joined Park Place in November 2022 bringing a career of 16 years in healthcare. Her residents love her! She and husband Mike have 3 beautiful children and have lived in Franklin, KY for 5 years. She enjoys painting murals and scenery and exploring nature.

**Congratulations, Jessica!**



You are invited to our **SHAM ROCKIN' PARTY** on Thursday, March 16th, at 2:30 pm in Main Dining Room with Les Kerr Musical.

**Eat Green on March 17**

This year on St. Patrick's Day, add in a dose of fun by challenging yourself to eat mostly green foods for the day. Some examples of dishes or drinks to try are green smoothies, green tea, broccoli nuggets, guacamole, spinach or zucchini noodles, matcha popcorn or green velvet cupcakes. The possibilities are truly endless and probably yummier than you expect.



**Need To Get To An Appointment?**

Call the front desk to make an appointment with Joe, our driver. He is available on Mondays, Wednesdays and Fridays to take you to any medical appointment including vision, hearing and dentist FREE of charge (Nashville appointments have small fee).


**Welcome**  
  
**New Residents**

Feel free to call the front desk if we can help you in any way. You'll find our community is the friendliest in the area. We are glad you have made Park Place your home.

**Journal Prompt:  
Self-Love**

We often forget to compliment ourselves. Think back on what the most wonderful words ever said to you were. How did they make you feel? How can you keep that positivity flowing? Spend 10 minutes free writing about this topic, letting your mind wander.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>LOCATIONS OF ACTIVITIES</b> <b>(A) ACTIVITY ROOM ON IL-2</b> <b>(AL) ASSISTED LIVING</b> <b>(C) CHAPEL</b> <b>(DR) DINING ROOM</b> <b>(G) GARDEN</b></p>	<p><b>(IL) INDEPENDENT LIVING</b> <b>(L) LOBBY</b> <b>(4) CARD ROOM ON IL-4</b> <b>(*) REQUIRES YOU TO SIGN UP IN THE OUTING BOOK LOCATED AT THE ELEVATOR ON IL</b></p>	<p>1 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 Sit &amp; Be Fit (DR) 10:30 Coffee with Friends (DR) 10:45 Uno Card Game (AL-1) <b>1:30 BINGO MANIA (A)</b> <b>1:30 KROGER SHOPPING*</b> 3:00 Choir Practice (C) 4:00 Catholic Communion (C) 6:30 Rook (A)</p>	<p>2 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 Bible Study (A) 10:30 Magazine Scavenger Hunt (AL-1) 1:15 Let's Play Poker (4) <b>2:00 DECLUTTERING 101 with Heather Shingleton (A)</b> 6:30 Hand and Foot (A)</p>	<p>3 10:00 Move It or Lose It (DR) 10:30 Coffee with Friends (DR) 10:45 Coffee Social / Weekend Puzzle (AL-1) <b>1:30 BINGO MANIA / PRIZES (A)</b> 3:00 BINGO / PRIZES (AL-1) 6:30 Hand and Foot (IL-2) 6:30 Rummikub (A) 7:00 Friday Night at the Movies (AL-1)</p>	<p>4 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 Coffee Social Get-Together (AL-1) 10:30 Coffee with Friends (DR) <b>11:00 BIBLE STUDY with Lance Thompson (C)</b> <b>2:00 MEXICAN TRAIN (A)</b> 6:30 Hand and Foot (A)</p>
<p>5 8:30 Transportation to H'ville Church of Christ* 9:15 Transportation to 1st Baptist Church: H'ville* <b>10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (DR)</b> <b>2:00 RUMMIKUB (A)</b> 4:35 Transportation to H'ville Church of Christ* 6:30 Hand and Foot (A)</p>	<p>6 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 Morning Exercise (DR) 10:30 Coffee with Friends (DR) 10:45 Stretching Exercise (AL-1) <b>1:30 BINGO MANIA (A)</b> <b>1:30 WALMART SHOPPING*</b> 3:15 Crossword Challenge (A) 6:30 Hand and Foot (IL-2) 6:30 Rummikub (A)</p>	<p>7 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 1st Baptist Church Video (A) 10:00 Sit and Be Fit (DR) 11:00 Morning Sing-a-along with Gail Davis (C) <b>2:30 "CAREGIVER BURNOUT" by Eric Miller with CAREPatrol of Music City (A)</b> 6:30 Rummikub (A) and (4) 6:30 Skip-Bo (2)</p>	<p>8 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 Coffee with Friends (DR) 10:45 Bingo Bash (AL-1) <b>1:30 BINGO MANIA (A)</b> 3:00 Choir Practice (C) 4:00 Catholic Communion (C) 6:30 Rook (A)</p>	<p>9 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 Bible Study (A) 10:30 Finish The Sayings (AL-1) 1:15 Let's Play Poker (4) <b>2:00 BANANA SPLIT SOCIAL (A)</b> 6:30 Hand and Foot (A)</p>	<p>10 10:00 Move It or Lose It (DR) 10:30 Coffee with Friends (DR) 10:45 In room Coffee / Weekend Puzzle (AL) <b>1:30 BINGO MANIA / PRIZES (A)</b> 3:00 BINGO / PRIZES (AL-1) 6:30 Hand and Foot (IL-2) 6:30 Rummikub (A) 7:00 Friday Night at the Movies (AL-1)</p>	<p>11 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 Coffee Social Get-Together (AL-1) 10:30 Coffee with Friends (DR) <b>11:00 BIBLE STUDY with Lance Thompson (C)</b> <b>2:00 MEXICAN TRAIN (A)</b> 6:30 Hand and Foot (A)</p>
<p><b>DAYLIGHT SAVING TIME BEGINS</b> 12 8:30 Transportation to H'ville Church of Christ* 9:15 Transportation to 1st Baptist Church: H'ville* <b>10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (DR)</b> <b>2:00 RUMMIKUB (A)</b> 4:35 Transportation to H'ville Church of Christ* 6:30 Hand and Foot (A)</p>	<p>13 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 Morning Exercise (DR) 10:30 Coffee with Friends (DR) 10:45 Ball Toss (AL-1) <b>1:30 BINGO MANIA (A)</b> 3:15 Crossword Challenge (IL-2) 3:15 iPhone Class with Joey Holland (A) 6:30 Hand and Foot (IL-2) 6:30 Rummikub (A)</p>	<p>14 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 1st Baptist Church Video (A) 10:30 Corn Hole (AL-1) <b>2:00 FAMILY FEUD (A)</b> 6:30 Rummikub (A) and (4) 6:30 Skip-Bo (2)</p>	<p>15 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 Sit &amp; Be Fit (DR) 10:30 Coffee with Friends (DR) 10:45 Uno Card Game (AL-1) <b>1:30 BINGO MANIA (A)</b> <b>1:30 DILLARD'S SHOPPING*</b> 3:00 Choir Practice (C) 4:00 Catholic Communion (C) 6:30 Rook (A)</p>	<p>16 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 Bible Study (A) 10:30 Leisure Ride with Susan (AL-1) 1:15 Let's Play Poker (4) <b>2:30 SHAM ROCKIN' PARTY with Les Kerr (DR)</b> 6:30 Hand and Foot (A)</p>	<p><b>ST. PATRICK'S DAY</b> 17 10:00 Move It or Lose It (DR) 10:30 Coffee with Friends (DR) 10:45 Hot Chocolate Social (AL-1) 12:00 CELEBRATION WITH GAIL DAVIS (DR) <b>1:30 BINGO MANIA / PRIZES (A)</b> 3:00 BINGO / PRIZES (AL-1) 6:30 Hand and Foot (IL-2) 6:30 Rummikub (A) 7:00 Friday Night at the Movies (AL-1)</p>	<p>18 <b>8:15 RON DANIELS ROSE PRESENTATION, "What's Soil Got To Do With It" (A)</b> 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 Coffee Social Get-Together (AL-1) 10:30 Coffee with Friends (DR) <b>11:00 BIBLE STUDY with Lance Thompson (C)</b> <b>2:00 MEXICAN TRAIN (A)</b> 6:30 Hand and Foot (A)</p>
<p>19 8:30 Transportation to H'ville Church of Christ* 9:15 Transportation to 1st Baptist Church: H'ville* <b>10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (DR)</b> <b>2:00 RUMMIKUB (A)</b> 4:35 Transportation to H'ville Church of Christ* 6:30 Hand and Foot (A)</p>	<p><b>FIRST DAY OF SPRING</b> 20 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 Morning Exercise (DR) 10:30 Coffee with Friends (DR) 10:45 Stretching Exercise (AL-1) <b>1:30 BINGO MANIA (A)</b> 3:15 Crossword Challenge (A) 6:30 Hand and Foot (IL-2) 6:30 Rummikub (A)</p>	<p>21 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 1st Baptist Church Video (A) 10:30 Tuesday Morning Trivia (AL-1) <b>2:00 SPRING CRAFTING (A)</b> 6:30 Rummikub (A) and (4) 6:30 Skip-Bo (2)</p>	<p>22 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 Sit &amp; Be Fit (DR) 10:30 Coffee with Friends (DR) 10:45 Bingo Bash (AL-1) <b>1:30 BINGO MANIA (A)</b> <b>1:30 DOLLAR GENERAL MARKET SHOPPING*</b> 3:00 Choir Practice (C) 4:00 Catholic Communion (C) 6:30 Rook (A)</p>	<p>23 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 Leisure Ride with Susan (AL-1) 10:30 Bible Study (A) <b>11:00 LUNCH BUNCH OUTING TO CARRABBA'S REST.*</b> 1:15 Let's Play Poker (4) <b>2:30 GOING DOWN MEMORY LANE WITH JOE AND RAY (DR)</b> 6:30 Hand and Foot (A)</p>	<p>24 10:00 Move It or Lose It (DR) 10:30 Coffee with Friends (DR) 10:45 Coffee Social / Weekend Puzzle (AL-1) <b>1:30 BINGO MANIA / PRIZES (A)</b> 3:00 BINGO / PRIZES (AL-1) 6:30 Hand and Foot (IL-2) 6:30 Rummikub (A) 7:00 Friday Night at the Movies (AL-1)</p>	<p>25 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 Coffee Social Get-Together (AL-1) 10:30 Coffee with Friends (DR) <b>11:00 BIBLE STUDY with Lance Thompson (C)</b> <b>2:00 MEXICAN TRAIN (A)</b> 6:30 Hand and Foot (A)</p>
<p>26 8:30 Transportation to H'ville Church of Christ* 9:15 Transportation to 1st Baptist Church: H'ville* <b>10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (DR)</b> <b>2:00 RUMMIKUB (A)</b> 4:35 Transportation to H'ville Church of Christ* 6:30 Hand and Foot (A)</p>	<p>27 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 Morning Exercise (DR) 10:30 Coffee with Friends (DR) 10:45 Balloon Toss (AL-1) <b>1:30 BINGO MANIA (A)</b> 3:15 Crossword Challenge (IL-2) 3:15 iPhone Class with Joey Holland (A) 6:30 Hand and Foot (IL-2) 6:30 Rummikub (A)</p>	<p>28 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 1st Baptist Church Video (A) <b>10:45 RESIDENT COUNCIL MEETING (AL-2)</b> <b>2:30 TOWN HALL MEETING (A)</b> 6:30 Rummikub (A) and (4) 6:30 Skip-Bo (2)</p>	<p>29 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 Sit &amp; Be Fit (DR) 10:30 Coffee with Friends (DR) 10:45 Uno Card Game (AL-1) <b>12:00 GLENBROOK SHOPPING*</b> <b>1:30 BINGO MANIA (A)</b> 3:00 Choir Practice (C) 4:00 Catholic Communion (C) 6:30 Rook (A)</p>	<p>30 <b>8:30 BREAKFAST OUTING TO CRACKER BARREL*</b> 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 Bible Study (A) 10:30 Leisure Ride with Susan (AL-1) 1:15 Let's Play Poker (4) <b>2:30 SWINGING TO THE MUSIC WITH BILL SLEETER (DR)</b> 6:30 Hand and Foot (A)</p>	<p>31 10:00 Move It or Lose It (DR) 10:30 Coffee with Friends (DR) 10:45 In room Coffee / Weekend Puzzle (AL) <b>1:30 POWERBALL BINGO / PRIZES (A)</b> 3:00 BINGO / PRIZES (AL-1) 6:30 Hand and Foot (IL-2) 6:30 Rummikub (A) 7:00 Friday Night at the Movies (AL-1)</p>	<p><b>ADDITIONAL ACTIVITIES</b> may be added during the month. Please check the daily schedules posted on the <b>BULLETIN BOARDS</b> and in the <b>ELEVATORS</b>. Announcements will be made during <b>NOON MEALS</b>. Changes due to circumstances beyond our control.</p>



Valentine Hot Chocolate Party with Lindsay Summers from Hospice Care and Lisa Barry from Preferred Care



Men's Poker Game started back up!



Our ladies in Red

## Memorable Melody: 'The Lion Sleeps Tonight'

One of the most recognizable songs in music history, this 1961 hit for doo-wop group The Tokens is known for the chanting line "Wimoweh, wimoweh," which is a clue to the song's origin. Originally written in 1939 by Solomon Linda, a musician from South Africa, it was titled "Mbube," the Zulu word for "lion." Pronounced "EEM-boo-beh," the word was misheard as "wimoweh" when folk group The Weavers covered it in 1952. Songwriter George David Weiss later composed the English lyrics—including the opening line of "In the jungle, the mighty jungle"—for The Tokens, who took the song to the top of the charts.



## ANNIVERSARIES WEDDING

- 11 - Walt and Marjorie Lamb
- 15 - Ken and Barb Henry

### RESIDENTS

- 1 Year - Mildred Gallaher
- 1 Year - Joyce Hatcher
- 1 Year - Dorothy Stallworth
- 1 Year - Mary Slater
- 2 Years - Sharon Sewell
- 2 Years - Jane Steinhauer
- 2 Years - Bobbie Garrett

### STAFF

- 1 Year - Amanda McRoberts
- 26 Years - Chip McKenney

## BIRTHDAYS RESIDENTS

- 03--Claudine Adams
- 08--Charles Woodward
- 09--Jerry Merry
- 10--Ruth Gourley

### STAFF

- 04---Hannah Whittaker
- 13---Susan Jones
- 15---Cree Taylor
- 17---Bob Jones
- 19---Carol Maynard



**PARK PLACE**  
A SENIOR LIVING COMMUNITY

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